

2008 MIDWEST IRONMAN & FIGURE CHAMPIONSHIP

OFFICIAL ENTRY FORM

ENTRY FORM INSTRUCTIONS: Please complete this form and mail only money order for \$60.00 per Division entered to: **Muscleexpo, P.O. Box 8577, Rolling Meadows, IL 60008-8577.** Entries must be postmarked by Oct. 18 to avoid late fee of \$50.00. **Absolutely No Personal Checks accepted. Cash or money orders only.**

COMPETING IN: Check Division(s) entered - Submit entry for each Division entered.

WOMENS OPEN

- Light
- Middle
- Heavy

WOMENS NOVICE

- Light
- Heavy

MASTERS FIGURE

- 35 & Over

MENS OPEN

- Bantam
- Light
- Middle
- Lt. Heavy
- Heavy
- Super Heavy

MENS NOVICE

- Light
- Middle
- Lt. Heavy
- Heavy

FIGURE

- A
- B
- C

MASTERS WOMEN

- 35 & Over

MASTERS MEN

- 35 to 39
- 40 - 49
- 50 - 59
- 60 - 69
- 70 & Over

TEEN MEN

- Light
- Heavy

Age _____

Age _____

Official Use Only WOMENS OPEN MENS OPEN NOVICE WOMEN NOVICE MEN Must Enter Weight _____

MUST COMPLETE

Gym Representing _____

Name: _____ NPC Card #: _____
First Middle Initial Last

Complete Address: _____ Birth Date: _____
Street

_____ Phone: (____) _____
City State ZIP

In consideration of accepting this entry, I hereby, intending to be legally bound for myself, my heirs, executors and administrators, waive any and all rights and claims for damages I may have against Chuck Sanow or Ronnie Altieri, the National Physique Committee of the U.S.A., Inc. (the "NPC"), Gateway Theater, or the agents, employees, representatives or assigns of any of the foregoing persons or entities for any and all injuries or damages I may incur while travelling to or from or participating in this competition, that I am an amateur, in good standing and am eligible to compete in this competition in the Division(s) in which I have entered. I further agree to abide by all decisions of the NPC and declare that all information contained herein is to the best of my knowledge, true, accurate and complete.

2008 MIDWEST IRONMAN & FIGURE CHAMPIONSHIP

ELIGIBILITY AND OTHER RULES OF COMPETITION

DATES & TIMES:

Saturday, Nov. 1, 2008
 Check-in 9:00 a.m.
 Prejudging begins at 11:00 a.m.
 Evening Show begins 7:00 p.m.

PLACE:

Gateway Theater
 5216 W. Lawrence Ave.
 Chicago, Illinois

DIVISIONS:

Masters Women: 1 Class
Novice Women: 2 Classes
Novice Men: Lightweight, Middleweight, Light Heavy, Heavyweight

Men: Bantam wt. - 143 1/4 and under
 Lightweight - over 143 1/4 and up to and including 154 1/4
 Middleweight - over 154 1/4 and up to & including 176 1/4
 Light Heavy - over 176 1/4 and up to and including 198 1/4
 Heavyweight - over 198 1/4 and up to and including 225
 Super Heavyweight - 225 1/4 and over

Women: Lightweight - 118 1/2 and under,
 Middleweight - over 118 1/2 and up to & including 132, Heavyweight - over 132.

MASTERS: Men 5 classes:
 50 - 59, 60 - 69, 70 & over.

TEEN MEN: 2 classes to be determined at show.

DIRECTOR:

Ronnie Altieri Chuck Sanow
 (847) 590-0739 708-598-3846

ELIGIBILITY:

ALL COMPETITORS: (1) Each competitor must be currently registered with the NPC. To meet this requirement, he/she must present his/her current NPC card, current NPC receipt, or purchase an NPC card at this event (\$80). (2) Each competitor must be an amateur in good standing with the NPC.

MASTERS MEN AND MASTERS WOMEN: Each competitor in these Divisions also (1) by Nov. 1, 2008 must have reached his/her 35th birthday, and (2) must provide proof of age with a birth certificate, driver's license or state ID.

TEEN MEN: Each competitor in this Division also (1) must have reached his 13th birthday but not his 20th birthday, by Nov. 1, 2008 and (2) must provide proof of age with a birth certificate, driver's license or state ID.

WOMEN FIGURE: 3 classes: A - B - C
WOMEN MASTERS-Figure: 1 class: Over 35

AWARDS:

Trophies awarded to the top 5 places in each weight or age class and to the overall winners of the Men's and Women's divisions. First and second place winners in the Men's and in Women's divisions qualify for national-level competition.

RULES:

Light oil allowed. Athletes who compete in prejudging must participate in evening show. **Solid-color posing suits only** - no t-back suits permitted. No jewelry is permitted (except wedding rings). Athletes must exhibit good sportsmanship at all times. Only competitors and officials are allowed backstage or in the pump-up room. Current NPC rules apply. **No Hot Stuff or Analgesic Sprays allowed.** (No exceptions) No bottled tanning lotion allowed in building. Please have your tanning preparation done before you arrive. You will be disqualified for putting tan oil on in the building

POSING/MUSIC:

Prejudging: **No free posing in morning.** Evening show: **60 seconds posing with music at Check-in, each competitor must provide 1 CD with music taped at the beginning of art otherwise clean cd, properly cued.** All competitors will be presented at the evening show. **Must use high quality CD, no full recorded CD (whole album).** In case of failed CD, house music will be inserted for you to use. No profanity will be tolerated on music.

***For More Information
Visit Our Website***

www.npcillinoisbodybuilding.com

USA GYM
7621 W. 100th Place
Bridgeview, IL 60455



MIDWEST IRONMAN & FIGURE CHAMPIONSHIP

National Qualifier

SANCTION #11322

Also Novice Division

NPC REGIONAL WOMEN'S FIGURE CONTEST

GATEWAY THEATER 5216 W. Lawrence Ave. Chicago, IL

NOVEMBER 1st, 2008

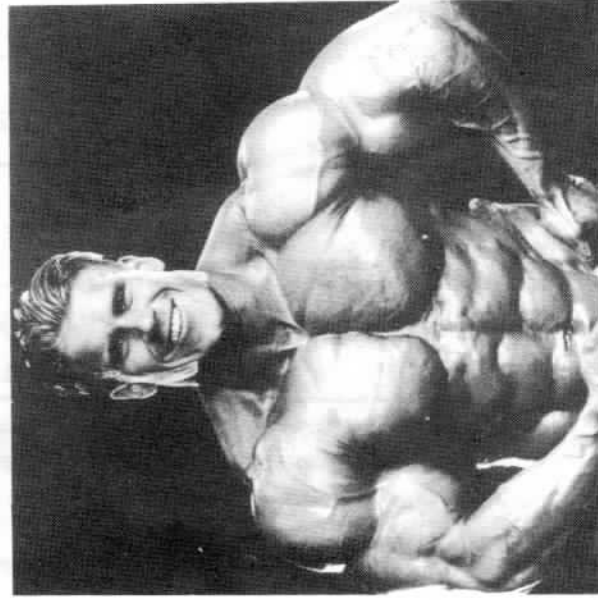
Prejudging: 11:00 am

Evening Show: 7:00 pm

**Air Brush Competition
Spray Tan At**

NPC MIDWEST IRONMAN BODYBUILDING CHAMPIONSHIPS

- Men, Women
- Masters Men
- Masters Women
- Teen Men
- Grand Masters Men



7621 W. 100th Place
Bridgeview, IL

- First and Second Place Qualify for National-Level Competition
 - Overall Winners of the Men & Women receive Excaliber Sword
- Women's Figure - Masters Division
35 and Over**



Mr. Olympia JAY CUTLER

Guest Poser

ALSO AWARDS FOR:
MOST MUSCULAR
 for men
 and
MOST SYMMETRICAL
 for women
Open Divisions Only

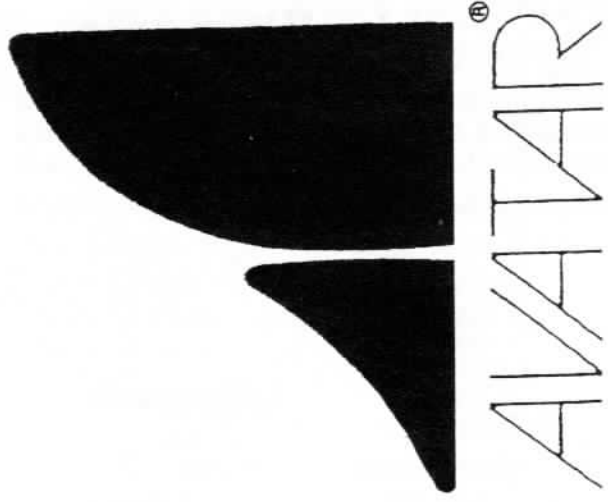
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www.npcillinoisbodybuilding.com



708-596-3646
www.usagyminc.com

2008 NPC MIDWEST IRONMAN BODYBUILDING CHAMPIONSHIPS & FIGURE CHAMPIONSHIP TICKET ORDER FORM

Prices: Prejudging: \$20 (general admission) _____ @ \$20 = _____
 Evening Show: \$30 (reserved seating) _____ @ \$30 = _____
 \$30 (reserved seating) _____
 Total _____ City _____ State _____ Zip Code _____
 Balcony _____

Send to: Name _____ Address _____

No personal checks will be accepted, money orders only. Only cash will be accepted on the day of the event.
 Will not Mail tickets after October 18th