

NPC ILLINOIS BODYBUILDING PRESENTS 2016 Midwest Gladiator

Bodybuilding, Figure, Bikini, Men's & Women's Physique

Expanded Height Classes In Bikini/Men's Physique

National Qualifier & Novice Division

www.npcillinoisbodybuilding.com

Sponsored by...

Sanction # 14125



Saturday November 5th, 2016
Copernicus Foundation

(The Gateway Theatre)

5216 W. Lawrence Avenue, Chicago, IL

Pre Judging starts at 10:00 AM CST
Evening Show starts at 5:00 PM CST

Dallas McCarver, IFBB Pro

Awards

Awards for Most Muscular for Men In Bodybuilding
Most Symmetrical for Women In Physique
Or Bodybuilding Divisions Only

For Competitors – Coach Pass

Have your coach back stage helping you for pre-judging and the night show. For \$125.00, your coach gets a pump up room pass, and a ticket to the night show to help you complete your contest prep.

Competition Make Up & Hair Provider

Megan Melone, megan@meganmelone.com

No Weights Will Be Provided Bring Your Own Bands.

Questions? E-mail michelle@usagyminc.com or call USA Gym at 708-598-3846



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OFFICIAL ENTRY FORM

ENTRY FORM INSTRUCTIONS: Please complete this form and mail CASH OR MONEY ORDERS ONLY for \$100.00 per division entered to P.O. Box 1571, Bridgeview, IL 60455. **Entries must be postmarked by October 22nd, 2016 to avoid a late fee of \$50.00. ABSOLUTELY NO PERSONAL CHECKS ACCEPTED.** Make money orders payable to Ronnie Altieri or Chuck Sanow.

NAME: _____ NPC CARD # _____
FIRST MIDDLE INITIAL LAST

STREET ADDRESS: _____ CITY _____ STATE: ____ ZIP: _____

TELEPHONE: (_____) _____ E-MAIL ADDRESS: _____

DATE OF BIRTH: ____/____/____ AGE UPON DATE OF EVENT: ____ YOUR GYM: _____

I AM COMPETING IN (CHECK ALL DIVISION(S) ENTERED. **A \$90.00 FEE IS REQUIRED FOR EACH DIVISION ENTERED. NON-REFUNDABLE!** FOR CONFIRMATION OF ENTRY, PLEASE INCLUDE A SELF ADDRESSED STAMPED ENVELOPE.

TEEN MEN BODYBUILDING

- LIGHT*
 HEAVY*

*TO BE VERIFIED AT CHECK-IN

MASTER'S MEN BODYBUILDING

- 35 - 39
 40 - 49
 50 - 59
 60 - 69
 70 AND OVER

MEN'S NOVICE BODYBUILDING

- LIGHT = Up to 154 ¼
 MIDDLE = 154 ¼ to 176 ¼
 LIGHT HEAVY = 176 ¼ to 198 ¼
 HEAVY = 198 ¼ & Over

MEN'S OPEN BODYBUILDING

- BANTAM = Up to 143 ¼
 LIGHT = 143 ¼ to 154 ¼
 MIDDLE = 154 ¼ to 176 ¼
 LIGHT HEAVY = 176 ¼ to 198 ¼
 HEAVY = 198 ¼ to 225 ¼
 SUPER HEAVY = 225 ¼ and Over

WOMEN'S OPEN BODYBUILDING

- LIGHT = Up to 125 LBS
 MIDDLE = Over 125 LBS to 140 LBS
 HEAVY = 140 LBS and Over

WOMEN'S PHYSIQUE

- SHORT = Up to 5'6"
 TALL = 5'6" and Over

MASTERS MEN'S PHYSIQUE

- 40 AND OVER

OPEN MEN'S PHYSIQUE

- A = Under 5'8"
 B = 5'8" to 5'10"
 C = 5'10" to 6'0"
 D = 6'0" and Over

MASTER'S CLASSIC PHYSIQUE

- 40 and Over

MEN'S CLASSIC PHYSIQUE

- A =
 B =
 C =

TEEN MEN'S PHYSIQUE

- One division only

MASTER'S BIKINI

- 35 - 44
 45 & Over

BIKINI

- A = Up to 5'2"
 B = 5'2" - 5'4"
 C = 5'4" - 5'6"
 D = 5'6" & Over

MASTER'S FIGURE

- 35 - 39
 40 - 49
 50 & Over

FIGURE

- A - Up to 5'4"
 B - 5'4" - 5'6"
 C - 5'6" & Over

COACH PASS +\$125.00

- \$125.00*

*Includes wrist band

FITNESS

- One division only

TOTAL DIVISIONS ENTERED: ____ X \$100.00 (ADD \$125.00 FOR COACH PASS IF SELECTED) = TOTAL ENCLOSED: _____

By completing and submitting this entry, I hereby agree to hold harmless and waive any and all rights and claims of damages or liabilities of any kind against the organizers Chuck Sanow, Ronnie Altieri, the National Physique Committee of the USA, Inc (the NPC), The Copernicus Theater, or any agents, employees, representatives of assignees of the foregoing persons or entities for any and all injuries or damages I may incur while traveling to or from or participating in this competition. I certify and duly swear that I am an amateur competitor as defined by the rules of the NPC and am therefore eligible to compete in this competition in the Division(s) in which I have entered. I further agree to abide by all decisions of the NPC and show organizers and declare that all information contained herein is to the best of my knowledge, true, accurate and complete.

Pre-Show Check-In

Pre-Show Check-In Friday November 4th, 2016. ALL COMPETITORS must check-in between the hours of 12 noon - 7 PM CST at USA Gym, 7621 W. 100th Place, Bridgeview, IL 60455 the day before the show. **NO EXCEPTIONS. You MUST bring the required items listed below in order to check-in AND ON THE day of the show. If you do not have them, you will not be allowed to compete.**

- Music - Your single selected cut on an otherwise clean CD (Required for all Men's & Women's Bodybuilding Competitors, Classic Physique, Women's Physique Competitors Only)
- Valid NPC Membership Card or cash to purchase membership. (approximately \$125.00)
- Posing trunks/suit
- Classic N.P.C. shorts

Show Schedule

MANDATORY COMPETITORS MEETING AT 8:30 AM ON SATURDAY November 5th, 2016

Pre-judging 10 AM and the Evening show starts at 5 PM CST.

Eligibility

Each competitor must be registered with the NPC and must present a current NPC membership card, current NPC membership payment receipt or purchase an NPC card at this competition.

Each Master's Competitor: A) Must have reached their 35th/40th/50th/60th or 70th birthday by date of show. B) Must provide proof of age with a birth certificate, driver's license or state ID.

Teen Men: Must have reached their 13th birthday, but not their 20th birthday by date of show.

Novice Men & Women: Cannot have won their class at a NPC contest.

Show

Prejudging: No free posing in the morning.

Posing/Music: Evening show: 60 seconds posing with music. At check-in, Men's & Women's Bodybuilding Competitors, Classic Physique, Women's Physique Competitors must provide 1 CD with your selected music cut on an otherwise clean CD. All competitors will be presented at the evening show. In case of failed CD, house music will be provided for your routine. Music must not contain any profanity.

Awards: Trophies awarded to the top 5 places in each weight or age class and to the overall winners of the Men's and Women's divisions.

Rules and Entry Fees: Light oil allowed. Athletes who compete in pre-judging must participate in evening show. Solid color posing suits only. No T-back suits permitted. No jewelry is permitted (except wedding rings). Athletes must exhibit good sportsmanship at all times. Only competitors and officials are allowed backstage or in the pump-up room. Current NPC rules apply. No Hot Stuff or Analgesic sprays are allowed (no exceptions). No bottled tanning lotion allowed in building. Please have your tanning preparation done before you arrive. You will be disqualified for putting tanning on in the building.

Entry Fees: \$100.00 cash or money order is required for each division entered and must be accompanied by a completed entry form. Entry fees are NON-REFUNDABLE. All entries submitted by mail must be **postmarked by October 22th, 2016** or a late fee of \$50.00 will be charged.

Host Hotel: Springhill Suites Chicago O'Hare, 8101 W. Higgins Road, Chicago, IL 773-867-0000.

NO ENTRIES ALLOWED OR ACCEPTED THE DAY OF THE SHOW. LAST CHANCE TO ENTER IS THE DAY BEFORE THE SHOW AND IN PERSON AT USA GYM, 7621 W. 100th PLACE, BRIDGEVIEW, IL 60455 between the hours of 12:00 PM and 7:00 PM CST.

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OFFICIAL TICKET ORDER FORM

TICKET FORM INSTRUCTIONS: Please complete this form and mail **CASH OR MONEY ORDERS ONLY** to P.O. Box 1571, Bridgeview, IL 60455. Ticket orders by mail must be **postmarked no later than October 22th, 2016** and are **NON-REFUNDABLE**. **ABSOLUTELY NO PERSONAL CHECKS ACCEPTED**. **CASH OR MONEY ORDERS ONLY** made payable to Ronnie Altieri (847-812-1999) or Chuck Sanow (708-598-3846). **PLEASE PRINT CLEARLY AND LEGIBLY TO ASSURE DELIVERY OF YOUR TICKETS.**

FIRST NAME: _____ LAST NAME: _____

STREET ADDRESS: _____ CITY _____ STATE: ____ ZIP: _____

TELEPHONE: _____ E-MAIL ADDRESS: _____

Pre Judging \$20.00 General Admission
Evening Show \$40.00 Reserved Seating

QTY: _____ X \$20.00 = _____

QTY: _____ x \$40.00 = _____ TOTAL ENCLOSED: \$ _____



7621 W. 100TH PLACE

BRIDGEVIEW, IL 60455

<http://www.usagyminc.com>